



# Preschooler Well-Child Checkups

(2 to 6 years old)

It is important to schedule regular check-ups for your child so that your doctor can follow your child's development and make sure he or she is growing at a normal and healthy rate.

To locate a doctor for your child, call your child's Managed Care Organization (MCO). If not in an MCO, go to the Department of Medical Assistance Services (DMAS) website at [www.dmas.virginia.gov](http://www.dmas.virginia.gov) and click on the "Search for Providers" link.



## CHILD'S NAME

\_\_\_\_\_

Child's Doctor \_\_\_\_\_

Doctor's Address \_\_\_\_\_

\_\_\_\_\_

Doctor's Phone \_\_\_\_\_

Doctor's FAX \_\_\_\_\_

## 2-YEAR CHECKUP

[Same as 24-month checkup]

Date \_\_\_\_\_

Doctor \_\_\_\_\_

Age in years \_\_\_\_\_ Months \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

Tell the doctor \_\_\_\_\_

\_\_\_\_\_

Doctor says \_\_\_\_\_

\_\_\_\_\_

## 3-YEAR CHECKUP

Date \_\_\_\_\_

Doctor \_\_\_\_\_

Age in years \_\_\_\_\_ Months \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

Tell the doctor \_\_\_\_\_

\_\_\_\_\_

Doctor says \_\_\_\_\_

\_\_\_\_\_

## 4-YEAR CHECKUP

Date \_\_\_\_\_

Doctor \_\_\_\_\_

Age in years \_\_\_\_\_ Months \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

Tell the doctor \_\_\_\_\_

\_\_\_\_\_

Doctor says \_\_\_\_\_

\_\_\_\_\_

## 5-YEAR CHECKUP

Date \_\_\_\_\_

Doctor \_\_\_\_\_

Age in years \_\_\_\_\_ Months \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

Tell the doctor \_\_\_\_\_

\_\_\_\_\_

Doctor says \_\_\_\_\_

\_\_\_\_\_

## 6-YEAR CHECKUP

Date \_\_\_\_\_

Doctor \_\_\_\_\_

Age in years \_\_\_\_\_ Months \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

Tell the doctor \_\_\_\_\_

\_\_\_\_\_

Doctor says \_\_\_\_\_

\_\_\_\_\_

**1-866-87FAMIS**  
**1-866-873-2647**  
**[www.famis.org](http://www.famis.org)**

FAMIS is a program of the Commonwealth of Virginia

## What to expect at a well-child checkup

### Physical Exam

Your doctor will measure and record your child's height, weight and head circumference on a growth chart.

### Developmental Assessment

Your doctor will ask you questions about your child's development.

### Shots (Immunizations)

Your child will need many shots before his or her 2nd birthday.

### Lead Blood Test

At the 1st and 2nd year checkup.

